



DEPARTMENT OF THE NAVY, NAVAL AIR SYSTEMS COMMAND
PATUXENT RIVER, MARYLAND 20670-1139

PLAN OF THE WEEK 23-29 APRIL 2003

ALL ORDERS, INSTRUCTIONS AND ITEMS OF PERTINENT INTEREST SET FORTH HEREIN WILL BE ANNOUNCED AT DEPARTMENT/DIVISION MEETINGS. ALL HANDS ARE RESPONSIBLE FOR READING THE PLAN OF THE WEEK AND OBEYING APPLICABLE ORDERS.

COMMANDER

VADM J. W. DYER

VICE COMMANDER

RADM C. H. JOHNSTON

COMMAND MASTER CHIEF

CNOCM W. B. MARRIOTT, 7-7985

COMMAND CAREER COUNSELOR

AE1 E. MURACH, 7-7842

DRUG AND ALCOHOL ADVISOR

AWCS (AW/NAC) G. H. COLE, 7-8872

OMBUDSMAN

KRISTI CORBETT, (301) 373-6321

REBECCA SMOLANA, (301) 997-0526

e-mail: navairombudsman@hotmail.com

SECURITY MANAGER

Mr. J. CODY, 7-2930

COMMAND MANAGED EQUAL OPPORTUNITY OFFICER

LCDR R. E. JIMÉNEZ, 2-2683

SENIOR ENLISTED SECTION LEADER

AMCS (AW) J. S. MINGHELLA, 7-9133

NAVAIR DUTY OFFICE

7-6100

NAVAIR CDO (PAGER)

(301) 872-7471

NAVAIR INSPECTOR GENERAL HOTLINE

(301) 757-1168

NAVY FRAUD, WASTE, AND ABUSE HOTLINE

1-800-522-2451

NAVY SEXUAL HARASSMENT ADVICE LINE

1-800-253-0931

NAS PATUXENT RIVER, FRAUD, WASTE AND ABUSE HOTLINE

(301) 342-7519

NAVAIR MILITARY SUPPORT SERVICES WEB SITE

<http://hro.navair.navy.mil/military>

BUPERS HOME PAGE

www.bupers.navy.mil

UNIFORM OF THE DAY

NASPAXRIVNOTE 1020 Refers

CARRY OUT DAILY ROUTINE WITH THE FOLLOWING ADDITIONS AND/OR DELETIONS

NAVAIR CDO/ACDO WATCHBILL

	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>
DATE	23 APRIL	24 APRIL	25 APRIL	26 APRIL	27 APRIL	28 APRIL	29 APRIL
CDO	CDR MATHENY	CDR HOWE	CDR ERHARDT	CDR ERHARDT	CDR ERHARDT	CDR BEACHY	CDR MURPHY
Super	CDR YATES	CDR YATES	CDR YATES	CDR YATES	CDR YATES	CDR BELLINI	CDR BELLINI
ACDO	<u>II</u>	<u>III</u>	<u>IV</u>	<u>V</u>	<u>V</u>	<u>VII</u>	<u>VIII</u>
0800-2000	ATCS CYRUS	AEC BONANNO	ATC WHITE	AEC NELSON	ATC HAMPTON	ATCS LETIZI	ATCS HALLER
2000-0800	ASCS SULLIVAN	ATC PERKINS	ATC STEWART	ISC ELLEDGE	AEC MORALES	AT1 BROWN	AMC DONOHUE
Super	AT1 OLIVEIRA	AEC DITTAMI	AD1 MACK	AZCS FAISON	ADCS HERNANDEZ	ADCS BILLINGER	ETC BROWN

1. SUMMER UNIFORM SHIFT FOR PAX RIVER will shift to summer uniforms effective 0001, 5 May 2003. There is no grace period.

2. SPRING 2003 PFA CYCLE is upon us again. If you are not in compliance with the CNO directed fitness program, don't wait for the last minute to prepare for the PFA. The PFA schedule for the Spring 2003 Cycle is as follows:

21 April 2003 - 25 April 2003 - Body Composition Assessment (Weigh-Ins) Drill Hall, 0630-0830

28 April 2003 - 02 May 2003 - PFT (Run/Swim, Curl-Ups, Push-ups, Sit-Reach) - Cedar Point Beach Pavilion, 0800-1000 (Swimmers **0800 only** - muster at Cedar Point for curl-ups and pushups prior to swim)

If you have any questions, you can contact ADC Hartwell or your competency's Physical Fitness Coordinator.

	ADC Hartwell	7-2753	AIR 6.0	AMC Galapon	7-8682
AIR					
0.0/10.0	YN1 Palmer	7-7825	AIR 7.9/8.0	SK2 Medina	2-5360
AIR 1.0	ITC Nelson	7-8071	PEO (W)	LCDR Stevens	7-6106
AIR 2.0	LTJG Natali	7-5950	PEO (T)	LT Baker	7-7178
AIR 3.0	ASC Brown	7-8301	PEO (A)	LT Reinertson	7-5380
AIR 4.0	LT Alton	2-8458	CNARF	LCDR Ellison	7-6864
AIR 5.0	AOC Racine	7-3034	GOSHAWK	CDR Jackson	7-5181

3. **VA REDUCES SGLI PREMIUMS FOR MILITARY AND FAMILY COVERAGE:** American Forces Press Service reports that the Department of Veterans Affairs has announced that premiums for the Service members Group Life Insurance will be reduced, handing military members a few extra dollars in their pockets each month. Beginning in July, the cost for a \$250,000 policy - the maximum coverage - will drop from \$20 to \$16.25 monthly, a \$3.75 savings. The Department of Veterans Affairs reports that rates for Veterans Group Life Insurance will not change. The largest saving will go to spouses between 35 and 39 years old, whose premiums will be nearly cut in half. Service members currently pay \$13.00 for a \$100,000 family policy. That policy will cost \$7.50 beginning in July - a \$5.50 savings. The reduced rates means a military family will save an average of \$100 a year. The VA estimates that service members collectively will save about \$96 million annually in premiums, and \$42 million in family coverage premiums each year. Information about the change in SGLI premiums can be found at <http://www.insurance.va.gov>, or call the Office of Service members Group Life Insurance toll-free at 1-800-419-1473.

4. **GOSHAWK GAMES** is a PMA-273 sponsored athletic event designed to put competition and fun into the PRT. Anyone, military or civilian can participate. The competition can be individual or in teams (four or more). This event satisfies Navy PRT requirements. Prizes will be awarded for the best overall individual and competitive scores. It will take place at Harper's Creek Pavilion starting at 1000 on Friday, 2 May 2003. Registration fee is \$5. Post-competition refreshments will be provided. For registration forms or additional information, please e-mail CDR Mike Berens at berensmg@navair.navy.mil, or call 7-5181.

5. **THRIFT SAVINGS PLAN OPEN SEASON:** Military members can enroll or change their contributions during the Thrift Savings Plan's "open season" April 15 to June 30 2003. TSP offers investors the chance for lower taxes each year they contribute because they don't have to pay taxes on earnings until reaching retirement age. Eligible personnel can initially contribute up to 8 percent of their base pay with the option to increase that to 10 percent by 2005. They also have the ability to contribute all or part of their bonuses or special pay up to \$12,000 in 2003. Military members can enroll through the Defense Finance and Accounting Service Website, or go to the local PSD and ask for form TSP-U-1 (also available online). Contribution allocations are made by calling the TSP automated ThriftLine at (504) 255-8777 or on the TSP Web site. For general TSP questions, call the AFPC Contact Center at DSN 665-2949 or (800) 558-1404. For more details on eligibility, available programs, and federal employee contribution limits, visit the Thrift Savings Website at <http://www.tsp.gov/>

6. **SEAMAN TO ADMIRAL-21 (STA-21) PROGRAM:** The Navy has combined most of its commissioning paths into one consolidated program, the Seaman to Admiral-21 (STA-21) Program. STA-21 offers a wide variety of commissioning options to exceptional enlisted Sailors. STA-21 provides Sailors an opportunity to obtain a college degree and a commission via several avenues to include; the program Seaman to Admiral (STA), ECP, AECP, NECP, and CECECP. STA-21 also offers opportunities for fleet accession to NROTC and BOOST.

Participants in the STA-21 program will:

- Receive full pay and allowances for their pay grade.
- Be eligible for enlisted advancement.
- Receive an education voucher of up to \$10,000 per year, paid to the university for tuition, fees and books.
- Upon successful degree completion, be commissioned as active duty ensigns in the United States Naval Reserve (USNR).

Further guidance will be provided in a future NAVADMIN/OPNAVNOTE 1530 series. For complete application information and to initiate the on-line portion of the application, visit <http://www.sta-21.navy.mil>.

7. **SPECIAL OLYMPICS:** The St. Mary's County Special Olympics will take place on 30 April 2003 at Leonardtown High School, and volunteers are needed to help out. All volunteers are scheduled to serve as escorts for the Special Olympics athletes. One volunteer will be assigned per athlete, and will take the athlete to/from events, lunch, award ceremonies, etc. If you would like to volunteer or have any other questions on this opportunity, you may contact LTJG Klan at 7-7937.

8. **CHILDRENS ANNUAL SPRING CARNIVAL** is scheduled for 26 April at Mattapany Day Camp. This event is being held during the Month of the Military Child and volunteers are needed. If you are interested or have someone interested in volunteering, please contact Keetje at the Youth Center at 2-4988.

9. **FAMILY ADVOCACY PROGRAM (FAP) BRIEF:** The time has come for another FAP Brief for Key Personnel. It will be held at the O'Club on 28 April 2003 from 1300-1430. Please refer to the attached letter below to determine whether or not this brief is for you. To register, please call the FFSC at 2-4911.

10. **FLEET AND FAMILY SUPPORT CENTER UPCOMING SEMINARS/WORKSHOPS:** The seminars/workshops are open to active duty, retired military personnel and their family members, and DoD Civil Service employees and their spouses. There is no charge; however, reservations are necessary, as seating is limited. Also, FFSC will bring professional/general development training to your organization that meets your needs, whenever you need them. Please call FFSC at 342-4911 for reservations or for more information. For further information see the monthly newsletter.

Interview for Success - April 24, 0900-1200
Budgeting for Baby - April 30, 1000-1130

/s/

R. E. JIMÉNEZ
Division Director, Military Services



DEPARTMENT OF THE NAVY

NAVAL AIR STATION
22268 CEDAR POINT ROAD
PATUXENT RIVER, MARYLAND 20670-1154

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Ser 863/0693
MAR 20 2003

From: Commanding Officer, Naval Air Station, 22268 Cedar Point Road, Unit NASAD,
Patuxent River, MD 20670-1154

Subj: FAMILY ADVOCACY PROGRAM BRIEF FOR KEY PERSONNEL

Ref: (a) OPNAVINST 1752.2A

1. Per reference (a), Family Advocacy Program (FAP) personnel will provide quarterly training for key personnel. The "Family Advocacy for Key Personnel" brief is scheduled for 28 April 2003 from 1300 to 1430. Key personnel will include Case Review Committee (CRC) members and FAP Points of Contact (i.e. Commanding Officers, Executive Officers, Officers-in-Charge, Command Master Chiefs, and FAP Command Representatives). It is also strongly recommended that all Department Heads, Ombudsmen, and military personnel E-7 and above attend this training.

2. A recent Bureau of Naval Personnel survey indicated the need for all personnel in leadership positions to attend training concerning FAP issues. Proactive intervention and preventative measures and information are the keys to successfully avoiding abusive situations for our service members. An effective FAP requires close collaboration between well-trained personnel. This collaboration will enable NAS Patuxent River to meet the challenges of domestic violence and maintain the Navy's mission of readiness. It is the Command's responsibility to reasonably ensure the safety of victims of domestic violence, which in turn ensures the mission.

3. The "Family Advocacy for Key Personnel" briefing this quarter will feature information on FAP process, domestic violence indicators, prevention, intervention, and treatment modalities. The brief will be followed by a question and answer session with FAP personnel. This training is designed to help us conceptualize how the FFSC and FAP process and treatment facilitate growth and change for military families.

4. The brief will be held at the Officer's Club, Building 461. Registration is necessary. Please, notify the FAP if there is a change in your command's FAP point of contact.

5. Point of contact for this brief is Linda Hautzenroder-Roberts, LCSW-C at DSN 757-1872. Please call the FFSC to register at DSN 342-4911.

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D.C. SWANSON